

Carol Vorderman's Detox For Life By Carol Vorderman

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Carol Vorderman developed a detox diet with Ko Chohan, an expert on complimentary medicine. The diet was revealed in her 28 Day Detox Diet video.

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Piers Morgan's Life Stories (27 April 2012) - Guest; Carol Vorderman's Guide to Maths; Carol Vorderman's Detox Diet; It All Counts, 2010; References Edit

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Carol Vorderman (born Carol Jean to help their community or selflessly improve the life of someone else. Carol Vorderman Helped Honour The Brave

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Carol Vorderman was born on December 24, 1960 in Bedford, Bedfordshire, England as Carol Jean Vorderman. She is an actress and writer, known for Countdown

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