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From Carol Vorderman's Detox For Life book, page 78, this carrot and coriander (cilantro) soup is delicious hot or cold.

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Carol vorderman | cook eat live vegetarian

Adapted from Carol Vorderman s Detox Recipes. 2 tbsp extra virgin olive oil; 1 onion, finely chopped; Agrigirl's Blog. Life, leadership and community supported

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Piers Morgan's Life Stories (27 April 2012) - Guest; Carol Vorderman's Guide to Maths; Carol Vorderman's Detox Diet; It All Counts, 2010; References Edit

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Carol Vorderman's 28-Day Detox Diet. Carol was an intelligent but decidedly frumpy presenter on Countdown before she tried dietician Ko Chohan's detox diet.

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Carol Vorderman was born on December 24, 1960 in Bedford, Bedfordshire, England as Carol Jean Vorderman. She is an actress and writer, known for Countdown

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