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Aug 26, 2006 Dependable irritable bowel syndrome (IBS) causes, symptoms, support and treatment for digestive health sufferers, family and friends since 1987. An IBS

## **Irritable bowel syndrome diet - diet.com**

*Irritable Bowel Syndrome Diet: Healthy cooking for IBS* New York: Stewart, Tabori & Chang, 2006. Dean, Carolyn and L. Christine Wheeler. *IBS for Dummies*.

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