

# The Yoga Birth Method: A Step-by-Step Guide For Natural Childbirth By Dorothy Guerra

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Author, Creator of Yoga Birth Method - A Step by Step Guide to Natural Childbirth Yoga Birth Method Institute 2010 Present (5 years) toronto, ontario

### **Dorothy guerra - yoga teacher in mississauga**

Best Selling author of the Yoga Birth Method - Step by Step Guide to Natural Childbirth. Published in 6 languages worldwide. Helping women to achieve an empowered

### **Dorothy guerra | birth yoga studio | zoominfo.com**

Dorothy Guerra has been teaching yoga since 1997 and has founded Parivartan Hot Yoga, Rebirth Yoga Studios and the Yoga Birth Method. She offers teacher training

### **Dorothy guerra (author of the yoga birth method)**

Dorothy Guerra is the author of The Yoga Birth Method A Step-by-Step Guide for Natural Childbirth 5.0 of 5 for Natural Childbirth by Dorothy Guerra

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