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Allison Post is the author of Unwinding the Belly (4.00 avg rating, 15 ratings, 4 reviews, published 2003) and The I of the Storm Allison Post

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About stephen - wisdomfitness

With his partner Allison Post, Stephen wrote the book: Unwinding the Belly, Healing with Gentle Touch
Stephen and Allison have recently produced

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There are 20 professionals named allison post, Allison and Stephen were inspired to write "Unwinding the Belly: Healing with Gentle Touch" Allison K. Post

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